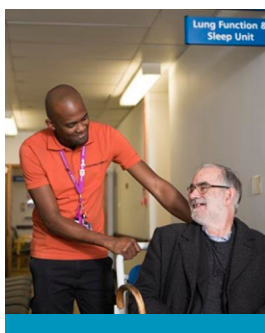




Supported Decision Making

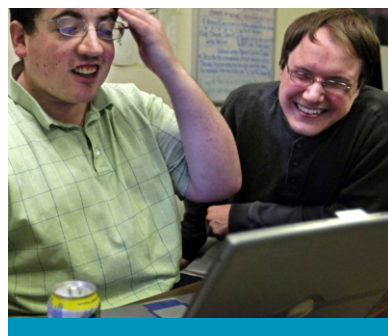
If you are someone with a learning disability, then **'I Decide'** is for you!

This project is about how to help you to make your own decisions. This means you will be able to make choices for yourself.



This project will support you to have more control over your life to make important decisions about your:

- **Money**
- **Health**
- **Rights when you buy things**



It will help you to get better at:

- **Reading and Writing**
- **Using Numbers**
- **Using a Computer**

We make a lot of decisions each day, everyone should be allowed to make those choices for themselves!



Supported Decision Making

The I DECIDE project will:



Write a Report

A report will be written about what is happening at the moment to support you and other people with a learning disability to make choices and decisions.



Provide Information

Information will be written including a guide for you, your family and your support staff. It will tell everyone about this project and what they should be doing to support you to make your own decisions.



Write a Training Course

A training course will be written that can be used with staff that support you. This will teach staff how they can support you to get better at reading and writing, using numbers and using a computer. So that you can make more decisions and choices for yourself.



Suggest practical ways of supporting you and other people with a learning disability

This will include some things that other professionals can use to help you to know your rights and get the support that you need to make your own decisions about:

- Healthcare
- Money
- Buying things